

# Survival Experience @ Hoadley Hide, 2026

## What will be covered:

- Building and sleeping in improvised shelters using tarpaulins
- Fire construction and lighting
- Cooking a 3 course meal on the fire, backwoods style.
- Survival mindset talk and night navigation

## You will need:

- Weather-appropriate clothing
- Sleeping bag and mat that would be appropriate for use in your improvised shelter.
- All ingredients for your patrols 'backwoods' 3 course meal.
- Breakfast (normal) for your patrol for Saturday morning.

## Items not required at the Survival Experience:

- Hike stoves, camp ovens etc. (You will be cooking on the fire)
  - Note: Foil is acceptable to bring.
- Tarp and cordage will be supplied.
- Fire lighting tools (e.g. ferro rods).

## What is backwoods cooking?

Backwoods cooking is a style of outdoor cooking that uses minimal equipment, often relying on natural materials like wood, stones, and leaves. It is commonly practiced in survival situations. Instead of conventional cookware, food is cooked over an open fire, in the embers, or using improvised tools like sticks, foil, or even directly on hot rocks.

## What can I cook?

Anything but a great resource of what is possible can be found at <http://www.shurdington.org/Downloads/BackwoodsCooking.pdf> or just google "backwoods cooking recipes"

## Do I need to use lightweight ingredients?

For the majority of Friday, you will not be hiking with your full packs. So not all ingredients for Friday's dinner needs to be lightweight, but it still needs to fit into your pack for the train, bus and Friday morning.