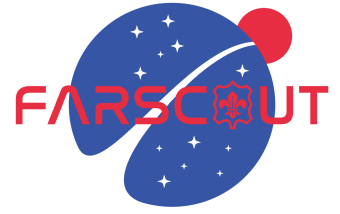


# Hoadley Hide 2025 Menu Planning



**When you're journeying across galaxies and searching for signs of life you may become hungry, so you need to be able to cook a nutritious meal to keep your strength up - Prepare a menu and 3 course meal, to be assessed.**

**Assessment:** Prepare your meal as a patrol. If patrol members have separate dietary requirements, you can prepare separate meals to accommodate this. You must ensure all participating patrol members cook together.

## Part 1:

Prepare a menu for the whole weekend (of 2 dinners, 3 lunches and 3 breakfasts). You will need to hand in a menu, so make sure you bring multiple copies.

**When:** to be made prior to arrival at Hoadley Hide

## Present on arrival at Castlemaine:

- 10 Points Available for quality menus. For more info see 'Scoring Breakdown'
- Consider weight of items, for pack inspection
- Show all food and snacks for the weekend

## Part 2:

Prepare a meal for the "Great Galactic Grill Off", to be assessed, this will contribute to your overall scores. Survival patrols will receive more info shortly.

**When:** Friday, 6:00PM

## Present on Friday Night

- Patrol to present cooked 3 course meal to judges for scoring, (30 Points Available)
- Patrol to discuss team participation, cooking method, nutrition etc

## Required Meals

Your Menu must cover all meals from Friday Breakfast to Sunday Lunch.

Although you should prepare a menu for 2 dinners, 3 lunches, and 3 breakfasts, we will be providing dinner and supper for everyone on Saturday evening. You will need to bring enough food for all other meals.

Do **not** bring food for Saturday dinner, or you will be carrying extra, unnecessary weight.

This is a **Nut Free Camp**, so please do not bring any nuts, this includes in your scroggin!  
If nuts are found at pack inspection they will be confiscated for the duration of the Hide.

**PLEASE NOTE:** The fires in the VOC are for warmth and not cooking.

**SURVIVAL VOC:** You will receive further information shortly regarding food requirements for Friday Dinner.

## OAS Statements that you will cover:

Creating your menu and handing it in will cover off the following OAS Statements:

### Stage 4 Bushwalking

*I can work with others to prepare a menu and food list for a weekend bushwalk.*

### Stage 5 Bushwalking

*I know how to identify food and water requirements for multi-day bushwalks.*

Cooking a three course assessed meal for the 'Great Galactic Grill Off' will cover the following OAS Statement:

### Stage 5 Camping

*I can cook a 3-course meal using a camp oven, portable hike stove or open fire.*

*If you have any questions or concerns please email [hoadleyhide@scoutsvictoria.com.au](mailto:hoadleyhide@scoutsvictoria.com.au)*