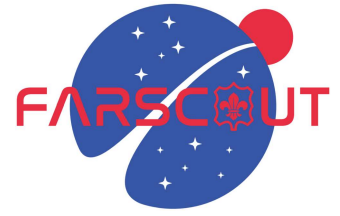


Hoadley Hide 2025

Hiking Skills Preparation



Venturer Leaders are to go through this list with their Venturers before Hoadley Hide to ensure the patrol is prepared with the correct equipment and basic skills knowledge as outlined below

KEY ASSESSMENT AREAS

- Pack inspection
 - Ensure you have everything on the packing list before you arrive on Thursday
 - Points may be deducted if required items are missing. (you don't want to start behind!)
- Rogaining
 - Maximum score is weighted to be worth equivalent to half a day of stunts
- Cooking Challenge - Friday
 - Menu - maximum score of 10 points, scored at check-in
 - 3 Course Meal - maximum score of 30 Points
 - Each course will be assessed on Nutrition, Presentation and Creativity
- Stunts - Saturday and Sunday
 - Patrols Scored in 4 Areas Leadership, Planning, Attitude, Attainment
 - Maximum score at a Stunt is 40 points
 - Stunts will be different on Sunday, so they can be revisited
- Walk points - Saturday and Sunday
 - Score 50 points per Walk Point visited
 - Walk points can be re-visited on Sunday
- Saturday Night Activity
 - Maximum score for the Night Activity is 80 Points

BUSHWALKING

- Keep patrol together; walk at the pace of the slowest members.
- Make sure all Patrol members agree on goals, eg. competitive or laid back.
- Where to travel next should be decided as a group, this is team-based challenge.
- Take into account walking speed of patrol and distance to be travelled in the allowed time.
- Water requirements at least 2L carrying capacity. (Water available at VOC and Stunts)
- Leave no Trace Principles, leave nothing but footprints, take nothing but pictures.

MENU PREPARATION

- Menu Plan to be printed and handed in at check-in on Thursday for assessment.
- Food should be nutritious (including protein, carbohydrates, and vegetables).
- Consider portion size & impact of activity levels on appetite.
- Minimal impact techniques and correct disposal of rubbish.
- Consider food safety, cross-contamination and allergies/dietary requirements.
- Hygiene eg. Hand sanitizer, water-based wipes, dishwashing

FIRST AID & FOOT CARE

- Be prepared for seasonal weather conditions, **must have a good raincoat and a sun smart hat.**
- Importance of foot care – cleaning, blister prevention & treatment
- Understand the principles of First Aid
- Action Plan: DRSABCD
- Treatment of major bleeding
- Treatment of snake bite
- Treatment of hypothermia/hyperthermia
- First aid kit contents and use of materials

MAPS, COMPASS AND NAVIGATION

- Compass bearings
- Grid references; eastings and northings
- Contour lines and common map symbols
- Cross country navigation methods
- Naismith's rule



CAMPCRAFT & KNOTS

- How to light a fire, and how to put it out safely
- How to purify water for drinking
- Reef knot, Bowline, Sheet bend, Clove hitch, Timber hitch, Lashings, etc.

GEAR AND PACKS

- Tent setup
 - Site selection. i.e. level, not in watercourse, not under dead branches.
 - Lay out, peg out, poles, fly, check pegs; using pegs, angle away from tent
 - Care for tent, fly and poles during and after event
- Equipment
 - see the Equipment List document for a specific Packing List for Hoadley Hide
 - Ensure Shared gear such as tents or stoves is distributed amongst members
- Demonstrate how to pack equipment in hike pack, don't have items hanging on the outside
- Appropriateness of Footwear

In an emergency call 000 and the Hoadley Hide Emergency Hotline - 0447 281 828.
If you have any questions or concerns please email hoadleyhide@scoutsvictoria.com.au

FARSCOUT